

Aging with Connection and Purpose Workgroup

Meeting Minutes: June 14, 2017

Attendance: Sandy Ruka, VNHCH; Angela Smith, CNHVNA; Kelly LaFlamme, EFH; Carissa Elphick, ServiceLink; Jennifer Rabalais, NHAHA; Maryann Jackson, Gibson Senior Center board member; Heather Phillips, MWVRC; Danielle Koffenberger, Memorial Hospital; Sue Ruka, Memorial Hospital; Steve Warren, Abundant Blessings; Emily Benson, C3PH.

Welcome and Introductions

Kelly LaFlamme: Endowment for Health, Elder Initiatives:

<http://www.endowmentforhealth.org/what-we-fund/ensuring-the-health-and-dignity-of-elders>

- Kelly gave background of Endowment for Health and explained their funding philosophy shifting to a “field/systems building” approach.
- Need to rebuild our community systems for the new way of “aging” in America today, check out video: <https://www.youtube.com/watch?v=ZOA1v4-2Fos>
- We also need to look at Aging in a more positive light. Check out book “This Chair Rocks”: <https://thischairrocks.com/>
- Kelly reviewed work that the Frameworks Institute is doing to reframe aging issue: <http://www.frameworksinstitute.org/reframing-aging.html>
- Endowment for Health is supporting the work on elder initiatives in a collective impact model

Jennifer Rabalias: NH Alliance for Healthy Aging, Coordinator:

<http://chhs.unh.edu/cacl/alliance-healthy-aging>

- Gave overview of organization: change conversation, change policy, change practice
- Work began in 2014, called Elder Health Coalition under EFH, now UNH Center on Aging and Community Living is the backbone organization.
- Work being done now on priorities of AHA through a strategic framework to accomplish the common agenda through shared metrics and partner-driven action.
- Reviewed AHA’s shared vision of Age-Friendly Communities: <http://www.endowmentforhealth.org/uploads/resources/id78/SharedVision.pdf>
- Reviewed Strategy Framework: each strategy area has a workgroup associated with the specific priority areas. Example referred to was Caregiving workgroup who is focusing on

the distribution of the “Do You Care” document:

http://chhs.unh.edu/sites/chhs.unh.edu/files/departments/center_on_aging_and_community_living/aha_caregiving_flyer_final.pdf

- Outreach is happening to senior center across state to address priority of social and civic engagement. Work to date in each of the strategic workgroups can be found here: http://chhs.unh.edu/sites/chhs.unh.edu/files/departments/center_on_aging_and_community_living/nh_alliance_for_healthy_aging_strategic_group_summary_march_2017.pdf
- Shared the opportunity to bring film screening “Nine to Ninety” film to your community, as well as licenses for other documentaries. Mixed reviews of the film, with some shared ideas for screenings: <http://www.ninetoninety.com/>
 - Stop film mid-way for some discussion
 - Have folks talk to neighbors first then open to full discussion of group
 - Have professional staff in attendance: counselors and bereavement support staff
- Tri-State Learning Collaborative on Aging: <http://agefriendlycommunity/>
 - Kelly shared interest in increasing NH membership, it is FREE!
 - Carissa wondered about connection to State Committees on Aging, what is Carroll County’s representation? Emily will follow-up with Jennifer on making contact to state-wide state committee structure to have our group serve for Carroll County.
 - Maryann asked questions about age-friendly community development. Jennifer will reach out to Jess Mauer from TSLCA as well as others to share info and current priorities. Tufts health Plan Foundation will have a community level grant
- Next Steps:
 - Jennifer will share contacts for the workgroups and contacts for each so we have representation
 - Emily will connect with Jennifer about Measurement workgroup and integrate priorities into our own work and evaluation plan.

Reviewed Strategic Approaches

- **Nutrition:** concern about Meals on Wheels funding from Feds
- **Transportation:** Emily participates in Carroll County Regional Coordinating Council meetings: <http://www.carrollcountyrcc.com/> There has been an increase in FAST Taxi Services. Rebecca Harris at NH Dept of Transportation is a good resource for ride share program models. Jennifer will forward more info.
- **Housing:** ADU Law is now in effect, rolling out in communities. Conway Senior Pines is open and full, gardens are being created. Additional work is being done on increasing

assisted living communities, mostly high-end options such as Silver Square in Dover with 76 units.

- **Home healthcare:** funding is looking good from personal care service providers. Sandy is well connected with NH Home Care Association. Heather has been working with Granite State College and Kennett High School Tech Program in facilitating educational pathways for LNA's that can lead to higher degrees in future with scholarship program.
- **Community Engagement Programs:**
 - Carissa encouraged everyone to remember Service Link Caregiver grants that are available: <https://www.servicelink.nh.gov/about-us/nhfcsp.htm>
 - Angela, CNHVNA, shared they are doing some advanced care programming outreach, bereavement,
 - VNHCH is creating a toolkit for Advanced Care Planning how to get out to wider community.

2017 Meeting Schedule: Sept. 13th, Dec. 13th *All meetings take place quarterly on the second Wednesdays at TCCAP in Tamworth from 9-11am unless otherwise indicated*

Upcoming Events: visit our website under "Save the Date" for all upcoming events:
<http://www.c3ph.org/aging-with-connection-and-purpose>

Additional Resources:

State spending on homecare: <http://www.concordmonitor.com/AARP-ranking-state-care-aging-10679282>